



## *Spa Treatment Menu*



*The Ranch at Rock Creek celebrates ranch life through spa services and amenities that represent both the organic purity and freshness of flowers.*

*Our simple-yet-complete menu has been created to offer customized treatments to meet each guest's individual needs. Your trained therapist will provide a brief consultation and suggest services that will leave you feeling relaxed and restored. We offer quiet rituals where you can experience relaxation, beauty, or intuitive pampering.*

### *Rock Creek Ritual*

A layering of rich, pure textures and holistic flower extracts stimulate circulation, ease the body and deeply soothes the skin after a full day on The Ranch. Begin with a custom exfoliating massage followed by a rejuvenating rinse. Next, enjoy a hydrating and nutrient-rich wrap of wild crafted extracts and organic flowers enriched with bio-dynamic honey—while also experiencing a relaxing scalp and foot massage. Followed by a custom massage. *120 minutes – \$275*

### *Ranch Bath & Body*

We believe that treating the body is critical to a healthy, energetic and beautiful life. Choosing a Red Flower treatment is an experience of intensely-pure certified organic ingredients generously delivered with massage techniques evolved from the richest healing traditions. Each treatment offers a sense of ceremony and a meaningful purpose, made extraordinary by the multi-layered effects that are so unique to Red Flower. Your therapist will listen to your concerns and prepare a treatment that will be customized to your needs.

#### **Soothe**

Therapeutic massage tailored to your needs, reducing stress, promoting relaxation, improving circulation after a full day at The Ranch. *60 minutes – \$135 • 90 minutes – \$195 • 120 minutes – \$270*

#### **Scrub & Soothe**

Restore glow after a day in the great outdoors with an organic sea salt, strawberry, and blueberry seed exfoliant. Followed by a revitalizing rinse and custom massage. *60 minutes – \$150 • 90 minutes – \$210*

#### **Soften & Soothe**

Treat sun-parched skin with a massage and wrap in antioxidant-rich berries, fresh white peat, and whole essential oils. Followed by a revitalizing rinse and custom massage. *60 minutes – \$150 • 90 minutes \$210*

#### **Saddle Sore Soak**

The perfect way to take the edge off a day of riding, fishing or hiking—a custom blend of aromatic and healing herbs will be prepared with your bath to soak away muscle soreness from the day's activities. An excellent prelude to a soothing massage. *75 minutes – \$150 • 105 minutes – \$210*

#### **Rock Creek Stone Massage**

Heated river stones are skillfully combined with massage techniques, adding a unique, natural enhancement to your massage experience. *60 minutes – \$150 • 90 minutes – \$210*

### *Homestead Hand & Sole Ritual*

Renew and relieve leather-worn hands and feet with a restorative treatment. A soothing foot soak with nutrient rich extracts softens tarnished skin. While essential oils blended with organic Dead Sea salts polish away well-earned calluses. Revive your pioneer spirit with relaxing stretches and deep tissue massage to legs, feet, arms and hands using a warmed blend of wild-crafted extracts and organic flowers enriched with bio-dynamic honey and finished with a moisturizing paraffin wrap. *60 minutes – \$90*



## *Appointments & Reservations*

To ensure the time and treatments that you prefer, we strongly recommend that you schedule spa appointments prior to your arrival at The Spa. Reservations and treatments are subject to availability. Please call 406-859-6210, ext. 127 to make your appointment.

## *Cancellation*

Treatment times are reserved especially for you. We kindly request that cancellations or changes to appointments be made more than 24 hours in advance. If you must cancel or make changes less than 24 hours in advance of your reservation, a charge of 50% of the reserved treatment(s) total will be added to your final bill. For guests who do not contact us to cancel their reservation in advance, their reserved treatment(s) costs will be charged in full.

## *Special Health Considerations*

Please let The Spa staff know if you have high blood pressure, allergies, physical ailments, are pregnant, or have any issues that might affect your choice of services. This information may also be completed on your Personal Care Guide upon arrival at The Spa.

## *Arrival*

We suggest that you arrive 20 minutes prior to your appointment, to fill out your Personal Care Guide and enjoy tea and a spa snack.

## *Late Arrivals*

As a courtesy to following clients, late arrivals will only receive the remaining available appointment time and will be charged the full service fee.

## *Choosing A Treatment*

Our expert spa staff will help you plan the perfect experience, based on your specific needs and personal preferences.

## *Clothing Guidelines*

We want you to feel at ease here in The Spa, therefore we suggest you disrobe to the level of your comfort. Undergarments are not required, but you may wear them during your treatment if you prefer. Our licensed therapists are trained to drape a sheet or towel over your body in a discrete manner, assuring your privacy at all times. For facials, we provide body wraps to cover the lower and upper half of your body.

## *Shaving Guidelines*

Shaving is not recommended prior to any body exfoliation treatments.

## *Age Guidelines*

All spa guests must be 16 or older to schedule a treatment in The Spa. Younger children (15 and under) must be accompanied by a parent for body treatments.